

A photograph of an elderly couple smiling and looking towards the right. The man is on the left, wearing a blue shirt, and the woman is on the right, wearing a beige jacket over a light-colored shirt. They are outdoors, with warm sunlight filtering through trees in the background, creating a soft, golden glow. The image is partially covered by a green overlay on the left side.

DE AȘA
MODELEAZĂ
SĂNĂTATEA TA
DE MÂINE.

ZIUA
INTERNĂȚIONALĂ
A PERSOANELOR
VÂRSTNICE

1 Octombrie
2026

SĂ ADĂUGĂM ANI VIETII
DAR ȘI
VIAȚĂ FIECĂRUI AN!